

# Youth Crisis

## POPULATION SERVED:

17 years and under and anyone in high school

## HOURS OF OPERATION:

12 PM - 8 PM  
Monday - Friday  
(includes weekday holidays)

## PURPOSE OF PROGRAM:

Mobile Crisis staff will respond in person (or by phone or telehealth, if indicated) to the setting in which children/adolescents are experiencing a crisis. The goal is to assist the child or adolescent and their family in de-escalating the crisis event, as well as provide them with additional resources in their community for follow-up care as indicated.

## WHO CAN CALL THE CRISIS LINE?

- Children and adolescents (under 18 years old) who want support with their mental health concerns.
- Parents or guardians and law enforcement who want assistance with mental health responses.
- School and community members who are assisting a child or adolescent in crisis.

**This is not a referral-based program and is strictly for immediate crisis response.**



## CRISIS LINE PHONE

### NUMBER:

**434-230-9704**

**OR CALL 9-8-8**

## RESPONSE TIME:

Mobile Crisis staff aim to respond within 1 hour to the crisis event, if not sooner. Mobile crisis staff live throughout the Region 1 CSB catchment areas in order to respond quickly.

## RESPONSE SETTINGS:

The Mobile Crisis program is designed to meet a person where they are located so that staff do not respond to hospitals or CSB Emergency Services settings. The goal is to provide an immediate crisis response to prevent a person from requiring an assessment for psychiatric hospitalization.

# Adult Crisis

## POPULATION SERVED:

18 years +  
(out of high school)

## HOURS OF OPERATION:

8 AM - 5 PM  
Monday - Friday  
(includes weekday holidays)

## PURPOSE OF PROGRAM:

Mobile Crisis staff will respond in person (or by phone or telehealth, if indicated) to the setting in which the adult is experiencing a crisis. The goal is to assist the adult and their family in de-escalating the crisis event, as well as provide them with additional resources in their community for follow-up care as indicated.

## WHO CAN CALL THE CRISIS LINE?

- Adults who want support with their mental health concerns.
- Parents or guardians of adults (18 years of age and older) and law enforcement who want assistance with mental health responses.
- Community members who are assisting an adult in crisis.

**This is not a referral-based program and is strictly for immediate crisis response.**



# Region 1

## Mobile Crisis Mental Health Response and Intervention

for Adults, Children, and Adolescents



### Region 1 Areas Served

- Alleghany Highlands CSB (AHCS): Alleghany, Covington, Clifton Forge
- Harrisonburg-Rockingham CSB (HRCSB)
- Horizon Behavioral Health (HBH): Lynchburg and surrounding areas
- Northwestern CSB (NWCSB)
- Rappahanock Area CSB: Rap Area
- Encompass Community Supports (ECS)
- Region Ten CSB (RTCSB)
- Rockbridge Area CSB (RACSB): Rockbridge and Bath Counties and surrounding areas
- Valley CSB (VCSB)

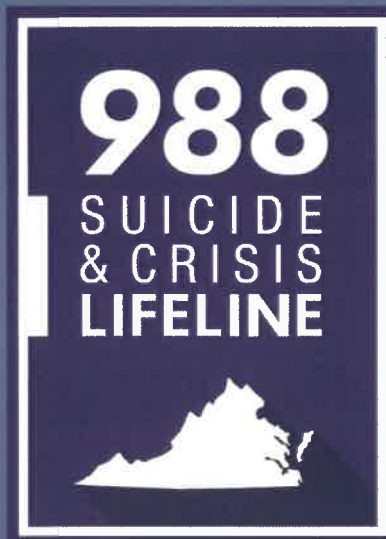
**All towns and cities within each area are served by Region 1 Mobile Crisis**

For Mental Health Response and Intervention

Local Mental Health Crisis

Phone Number:  
434-230-9704

Or Call 9-8-8



Services across Region 1  
Region 1 Regional Office

**regionten**  
community services board