About Us

Meet Our Staff!

Erin Botkin
As a native of Staunton, Erin brings a local feel to the Prevention Services department. A graduate of Virginia Tech with a B.S. in Psychology, Erin appreciates the opportunity to give back to the community that has contributed so much to her life experiences. Erin enjoys working with youth and engaging families through prevention opportunities.

Paula Woods
Paula has served as the Prevention Specialist since Spring 2012. A New Jersey native, Paula is proud to reside in Augusta County after graduating from Bridgewater College with a B.S. in Psychology. Paula’s inspiration and enthusiasm comes from the many elementary and middle school students she has encountered and worked with during her career.

To inquire about any of our services, contact Erin at 540-213-7599.
**Substance Abuse Prevention Services**

Welcome to Valley Community Services Board (VCSB). VCSB Prevention Services provides a broad range of substance abuse prevention programming ranging from youth through adulthood. VCSB serves the cities of Staunton, Waynesboro, and Augusta and Highland Counties. Services are offered to clients of VCSB as well as the general public.

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**Programs**

- **Presentations >>**
  Prevention Services will facilitate presentations and workshops on substance abuse and other prevention-related topics in educational and other settings.

- **All Stars Jr. Community >>**
  All Stars Jr. Community is a curriculum administered in the classroom, focusing on six character words: forgiving, respectful, helpful, responsible, honest, and caring. This curriculum is targeted towards 4th and 5th grade students.

- **ASIST Trainings >>**
  Prevention Staff offer the LivingWork’s ASIST (Applied Suicide Intervention Skills Training) curriculum to anyone in a helper role. ASIST is a full 2 day training.

- **LifeSkills Training >>**
  LifeSkills Training is a classroom-based substance abuse prevention program for elementary/middle school students. LST teaches personal and social skills to promote individual competence and aims to decrease young people’s vulnerability to pro-substance use social influences from peers and media. The program develops self management skills that help students examine their self-image and its effects on behavior. LST is offered in numerous schools in Staunton, Waynesboro, and Augusta County, as well as in community settings.

- **Greater Augusta Prevention Partners (GAPP) Coalition >>**
  The GAPP Coalition is a collaborative entity, which focuses on pressing prevention issues and initiatives in the community. Many agencies and organizations are involved in the Coalition and meetings are open to the public. For more information, contact Erin Botkin.